

CU Senior Safeguard 12:00 p.m. – 1 p.m.



“Elderly Financial Abuse – A Growing Epidemic” Recognize the signs and learning what to do. Brought to you by Delaware’s Credit Unions in the Silver Lake Room. Elderly financial abuse is a growing epidemic in our nation. A recent survey revealed that more than two-thirds of familial caretakers report that their elderly relatives were once a target of a fraud or scam, with 28% of the elderly actually being the victim of a scam. Additional studies suggest that between 3 and 5 million seniors fall victim to financial abuse, costing them approximately \$36 billion each year. According to National Adult Protective Services, one out of nine seniors experiences financial exploitation but only one in 44 will ever report it. Individuals who have been targeted may not even be aware of it, and those who are suspicious of fraud may not report because they are embarrassed, ashamed, or unaware of how to handle the situation. Join Delaware’s Credit Unions and local law enforcement officers and lawmakers for a discussion on recognizing the signs of elder financial abuse, what to do if you suspect it, and how to report it. Learn how to protect those you love during the most vulnerable stage of their lives.

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1 p.m. - 2 p.m.

“Fall Prevention for Seniors at Home and in the Hospital” Join Bayhealth’s Felicia Cruz, MSN, APRN, AGCNS-BC, RN-BC, Geriatric Clinical Nurse Specialist, in the Delaware Room to learn how to prevent falls and fall related injuries. One out of four adults fall each year; leading to an increase in fall related injury. By 2030 the older adult population is estimated to grow to 74 million; and of those, there will be 49 million falls and 12 million falls with injury. Identifying the risks related to falling and fall prevention practices will assist in decreasing falls in the older adult population while at home and in the hospital.



Felicia Cruz, MSN, APRN, AGCNS-BC, RN-BC